



## Calendar of Events

### September 2006

**09/01/06**

---

**Family Planning Class**

Time: 3:00pm

Location: Family Health Center Iroquois, 4100 Taylor Blvd.

Notes: Women's Health: Free; Call 574-5293 for more information

**09/05/06**

---

**Mammograms**

Time: 8:30am-3:30pm

Location: Park DuValle Community Health Center, 3015 Wilson Ave.

Notes: Louisville Metro Health Department., Partnership for Cancer Control; Call 774-4401 for appointment:

Sliding fee scale. No one turned away because of inability to pay.

**Family Planning Class**

Time: 4:00pm

Location: Newburg Health Center, 4810 Exeter Ave.

Notes: Women's Health: Free; Call 574-5293 for more information

**Breastfeeding Class**

Time: 4:30-6:00pm

Location: Newburg Health Center, 4910 Exeter Ave.

Notes: Women's Health: Free, **Spanish Class**; Call Shannon Perez, 774-1242 to reserve a space.

**Low-impact Aerobics**

Time: 5:00-6:00pm

Location: Louisville Metro Health Department, 400 East Gray St. *Forum*

Notes: Chronic Disease Prevention Program: Fee (25 cents per session).

**09/06/06**

---

**Mammograms**

Time: 8:00-3:30pm

Location: East Broadway Health Center, 914 E. Broadway

Notes: Louisville Metro Health Dept., Partnership for Cancer Control; Call 583-1981 for an appointment: Sliding fee scale. No one turned away because of inability to pay.

**Mammograms**

Time: 8:00-3:30pm

Location: Park DuValle Community Health Center, 3015 Wilson Ave.

Notes: Louisville Metro Health Dept., Partnership for Cancer Control; Call 774-4401 for an appointment: Sliding fee scale. No one turned away because of inability to pay.

**Talkshop – Parenting Class**

Time: 1:30-3:30pm

Location: Bridges of Hope, 1411 Algonquin Pkwy.

Notes: Louisville Metro Health Dept., Partnership for Protecting Children: Topic – Prenatal Care. Free; for more information call 634-6088.

**Family Planning Class**

Time: 3:00pm

Location: Family Health Center Iroquois, 4100 Taylor Blvd.

Notes: Women's Health: Free; Call 574-5293 for more information

**Tai Chi**

Time: 5:30-7:00pm

Location: Louisville Metro Health Dept., 400 E. Gray St. *Forum*

Notes: Louisville's Healthy Hometown Movement; Instructor: Baba Serikali. Free.

**High Impact Aerobics**

Time: 6:00-7:00pm

Location: Louisville Community Center, 1300 W. Muhammad Ali Blvd.

Notes: Louisville's Healthy Hometown Movement. Free. Registration not needed.

**09/07/06**

---

**Mammograms**

Time: 8:00-3:00pm

Location: Park DuValle Community Health Center, 3015 Wilson Ave.

Notes: Louisville Metro Health Dept., Partnership for Cancer Control; Call 774-4401 for an appointment: Sliding fee scale. No one turned away because of inability to pay.

**Stop Smoking Class**

Time: 12:00-1:00pm

Location: Park DuValle Community Health Center, 3015 Wilson Ave.

Notes: Jefferson County Smoke Free Coalition & KY Cancer Program. Call 574-STOP for more information & registration. Meets weekly for 13 sessions.

**Talkshop – Parenting Class**

Time: 1:30-3:30pm

Location: Northwest Neighborhood Pl., 4018 W. Market St.

Notes: Louisville Metro Health Dept., Partnership for Protecting Children: Topic – Prenatal Care. Free; for more information call 634-6088.

**Family Planning Class**

Time: 3:00pm

Location: Bridges of Hope, 1411 Algonquin Pkwy.

Notes: Women's Health: Free; Call 574-5293 for more information

**Low Impact Aerobics**

Time: 5:00-6:00pm

Location: Louisville Metro Health Dept., 400 E. Gray St. *Forum*

Notes: Chronic Disease Prevention Program: Fee (25 cents per session).

**High Impact Aerobics**

Time: 6:00-7:00pm

Location: Louisville Community Center, 1300 W. Muhammad Ali Blvd.

Notes: Louisville's Healthy Hometown Movement. Free. Registration not needed.

**Stop Smoking Class**

Time: 6:00-7:00pm

Location: Norton Suburban Hospital, Cancer Prevention & Resource Center, Medical Plaza II, Suite 400, 3991 Dutchman's Ln.

Notes: Jefferson County Smoke Free Coalition & KY Cancer Program. Call 574-STOP for more information & registration. Meets weekly for 13 sessions.

**09/08/06**

---

**Family Planning Class**

Time: 1:00pm

Location: Highview Health Center, 7201 Outer Loop

Notes: Women's Health: Free; Call 574-5293 for more information

**Lifeguard Certification Class**

Time: 5:00-8:00pm

Location: Southern Baptist Seminary, 2825 Lexington Rd.

Notes: Environmental Health Education: Lecture & Swim Test. You must register for this class at (502) 574-6650. Consists of 2 parts: Part 1 – lecture and swim test. Part 2 – Pass written test and provide proof of Basic Lifeguarding, First Aid and CPR to obtain permit. Permit fee is \$20.00.

**09/09/06**

---

**Mammograms**

Time: 8:30-3:30pm

Location: Greater Friendship Baptist Church, 2325 Osage Ave.

**Notes:** Louisville Metro Health Dept., Partnership for Cancer Control; Call 449-3414 for an appointment: Sliding fee scale. No one turned away because of inability to pay.

#### **Back to School Immunizations**

**Time:** 10:00-2:00pm

**Location:** Highland Park Baptist Church, 3700 Shanks Ln.

**Notes:** Immunization Program: Parent must bring children's up to date shot records. Children must be accompanied by parent or legal guardian. Medical cards are accepted. Louisville Metro Health Department does not deny services to persons unable to pay. For more information call (502) 574-5380. WALK-IN Clinic.

**09/10/06**

---

#### **Lifeguard Certification Class**

**Time:** 9:00-1:00pm

**Location:** Jewish Community Center, 3600 Dutchman's Ln.

**Notes:** Environmental Health Education: Lecture & Swim Test. You must register for this class at (502) 574-6650. Consists of 2 parts: Part 1 – lecture and swim test. Part 2 – Pass written test and provide proof of Basic Lifeguarding, First Aid and CPR to obtain permit. Permit fee is \$20.00.

#### **Lifeguard Certification Class**

**Time:** 4:00-8:00pm

**Location:** U of L Ralph Natorium, 2216 S. Fourth St.

**Notes:** Environmental Health Education: Lecture & Swim Test. You must register for this class at (502) 574-6650. Consists of 2 parts: Part 1 – lecture and swim test. Part 2 – Pass written test and provide proof of Basic Lifeguarding, First Aid and CPR to obtain permit. Permit fee is \$20.00.

**09/11/06**

---

#### **Mammograms**

**Time:** 8:30-3:30pm

**Location:** Louisville Metro Housing Authority Dosker Manor, 413 E. Muhammad Ali Blvd.

**Notes:** Louisville Metro Health Dept., Partnership for Cancer Control; Call 569-3425 for an appointment: Sliding fee scale. No one turned away because of inability to pay.

#### **Family Planning Class**

**Time:** 3:00pm

**Location:** Middletown Health Clinic, 200 Juneau Dr.

**Notes:** Women's Health: Free; Call 574-5293 for more information

#### **Immunization Clinic**

**Time:** 12:30-6:00pm

**Location:** Highview Health Clinic, 7201 Outer Loop

**Notes:** Immunization Program; Call 231-1459 for appointment. Please bring up to date immunization records \$10.00 for each immunization: Sliding fee scale. No one turned away because of inability to pay.

#### **Tai Chi**

**Time:** 5:30-7:00pm

Location: Louisville Metro Health Dept., 400 E. Gray St. *Forum*

Notes: Louisville's Healthy Hometown Movement; Instructor: Baba Serikali. Free.

**09/12/06**

---

**Mammograms**

**Time: 8:30-3:30pm**

**Location: Louisville Metro Housing Authority Dosker Manor, 413 E. Muhammad Ali Blvd.**

**Notes: Louisville Metro Health Dept., Partnership for Cancer Control; Call 569-3425 for an appointment: Sliding fee scale. No one turned away because of inability to pay.**

**Breastfeeding Class**

**Time: 10:00-11:30am**

**Location: South Central Neighborhood Pl., 4255 Hazelwood Ave.**

Notes: Women's Health: Free, **Spanish Class**; Call Shannon Perez, 774-1242 to reserve a space.

**Breastfeeding Class**

**Time: 1:00-2:30pm**

**Location: Highview Health Center**

Notes: Women's Health: Free; Call Beth Foster, 774-1247 to reserve a space.

**Breastfeeding Class**

**Time: 1:00-3:00pm**

**Location: Bridges of Hope, 1411 Algonquin Pkwy.**

Notes: Women's Health: Free; Call Tywana Cranford, 774-1260 to reserve a space.

**Low Impact Aerobics**

**Time: 5:00-6:00pm**

**Location: Louisville Metro Health Dept., 400 E. Gray St. *Forum***

Notes: Chronic Disease Prevention Program: Fee (25 cents per session).

**Breastfeeding Class**

**Time: 5:00-6:30pm**

**Location: Victory Deliverance Temple of Faith, 2330 Algonquin Pkwy.**

Notes: Women's Health: Free, Call Tywana Cranford, 774-1260 to reserve a space.

**Stop Smoking Class**

**Time: 6:00-7:00pm**

**Location: Norton Hospital, Cancer Prevention & Resource Center, Suite 164, 234 E. Gray St.**

**Notes: Jefferson County Smoke Free Coalition & KY Cancer Program. Call 574-STOP for more information & registration. Meets weekly for 13 sessions.**

**Breastfeeding Class**

Time: 6:30-8:00pm

Location: Babies R Us, 4621 Shelbyville Rd.

Notes: Women's Health: Free, Call 896-9994 ext. 4 to reserve a space.

**09/13/06**

---

**Mammograms**

Time: 8:30am-3:30pm

Location: Southeast Christian Church, 920 Blankenbaker Pkwy.

Notes: Louisville Metro Health Department., Partnership for Cancer Control, Louisville Metro Council Screening – District 11, 20, 22; Call 574-3465 for appointment: Sliding fee scale. No one turned away because of inability to pay.

**Talkshop – Parenting Class**

Time: 1:30-3:30pm

Location: Bridges of Hope, 1411 Algonquin Pkwy.

Notes: Louisville Metro Health Dept., Partnership for Protecting Children: Topic – Relationships. Free; for more information call 634-6088.

**Diabetes Self Management**

Time: 1:00-3:30pm

Location: The Kling Center, 219 W. Ormsby Ave.

Notes: Chronic Disease Prevention Program: Diabetes Types, High & Low Blood Sugar, Sick Days. First in series of 4 sessions. Please arrive 15 minutes early for the first session. For registration & more information call (502) 574-6663. Free.

**Stop Smoking Class**

Time: 3:30-4:30pm

Location: Norton Suburban Hospital, Cancer Prevention & Resource Center, Medical Plaza II, Suite 400, 3991 Dutchman's Ln.

Notes: Jefferson County Smoke Free Coalition & KY Cancer Program. Call 574-STOP for more information & registration. Meets weekly for 13 sessions.

**Tai Chi**

Time: 5:30-7:00pm

Location: Louisville Metro Health Dept., 400 E. Gray St. *Forum*

Notes: Louisville's Healthy Hometown Movement; Instructor: Baba Serikali. Free.

**High Impact Aerobics**

Time: 6:00-7:00pm

Location: Louisville Community Center, 1300 W. Muhammad Ali Blvd.

Notes: Louisville's Healthy Hometown Movement. Free. Registration not needed.

**Stop Smoking Class**

Time: 6:00-7:00pm

Location: Oldham Co. Health Dept., 1786 Commerce Pkwy., LaGrange, KY

**Notes: Jefferson County Smoke Free Coalition & KY Cancer Program. Call 574-STOP for more information & registration. Meets weekly for 13 sessions.**

**09/14/06**

---

**Mammograms**

**Time: 8:30am-3:30pm**

**Location: Southeast Christian Church, 920 Blankenbaker Pkwy.**

**Notes: Louisville Metro Health Department., Partnership for Cancer Control, Louisville Metro Council Screening – District 11, 20, 22; Call 574-3465 for appointment: Sliding fee scale. No one turned away because of inability to pay.**

**Diabetes Support Group**

**Time: 9:30-11:00am**

**Location: Park DuValle Community Health Center, 3015 Wilson Ave.**

**Notes: Chronic Disease Prevention Program: Free, Monthly Meeting, “New Ways with Grains”.**

**Immunization Clinic**

**Time: 12:30-6:00pm**

**Location: Middletown Health Center, 200 Juneau Dr.**

**Notes: Immunization Program; Call 231-1459 for appointment. Please bring up to date immunization records \$10.00 for each immunization: Sliding fee scale. No one turned away because of inability to pay.**

**Talkshop – Parenting Class**

**Time: 1:30-3:30pm**

**Location: Northwest Neighborhood Pl., 4018 W. Market St.**

**Notes: Louisville Metro Health Dept., Partnership for Protecting Children: Topic – Relationships. Free; for more information call 634-6088.**

**Breastfeeding Class**

**Time: 5:00-7:00pm**

**Location: United Methodist Church, 3620 W. Broadway**

**Notes: Women’s Health: Free; Call Tywana Cranford, 774-1260 to reserve a space.**

**HIV Presentation**

**Time: 5:30pm**

**Location: St. Jude Transitional House, 703 E. St. Catherine St.**

**Notes: HIV Prevention Services**

**Low Impact Aerobics**

**Time: 5:00-6:00pm**

**Location: Louisville Metro Health Dept., 400 E. Gray St. *Forum***

**Notes: Chronic Disease Prevention Program: Fee (25 cents per session).**

**High Impact Aerobics**

**Time: 6:00-7:00pm**

**Location: Louisville Community Center, 1300 W. Muhammad Ali Blvd.**

Notes: Louisville's Healthy Hometown Movement. Free. Registration not needed.

**09/15/06**

---

**Stop Smoking Class**

**Time: 11:30am-12:30pm**

**Location: Norton Hospital, Cancer Prevention & Resource Center, Suite 164, 234 E. Gray St.**

**Notes: Jefferson County Smoke Free Coalition & KY Cancer Program. Call 574-STOP for more information & registration. Meets weekly for 13 sessions.**

**Breastfeeding Class**

**Time: 2:00-3:30pm**

**Location: Family Health Center Portland, 2215 Portland Ave.**

Notes: Women's Health: Free; Call Tywana Cranford, 774-1260 to reserve a space.

**09/16/06**

---

**Walk to Cure Diabetes**

**Time: 8:30am Check-in**

**10:00am Start**

**Location: Bowman Field Hanger Area, 3501 Roger E. Schupp (by Driver's License Bureau)  
Rain or Shine**

Notes: Juvenile Diabetes Research Foundation; Advance Auto Parts; BD Customer Healthcare; Coca-Cola Enterprises, Inc.; Delta Air Lines; Discover Financial Services; Ford Motor Company; HyVee; LifeScan; Marshals; Medtronic MiniMed; Starwood Hotels & Resorts; Stop & Shop; UBS; Walgreens. Start/Finish: Bowman Field Hanger Area, Walk length is 5 K thru Bowman Field/Seneca Park. Breakfast & Lunch served. Arts & crafts tents for the children – A true family affair. For more information contact the Kentuckiana Chapter of the Juvenile Diabetes Research Foundation at (502) 485-3397.

**Mammograms**

**Time: 9:00am-4:00pm**

**Location: Americana World Festival, Iroquois Manor Shopping Center, 5330 S. 3<sup>rd</sup> St.**

Notes: Louisville Metro Health Department., Partnership for Cancer Control; Call (English) 366-7816, (Spanish) 367-4522 for appointment: Sliding fee scale. No one turned away because of inability to pay.

**Take a Loved One for a Check Up Day**

**Time: 10:00am-2:00pm**

**Location: Berrytown YMCA-1300 Heafer Rd; Presbyterian Community Center-Harambee Nursing Center-701 Hancock St.; Walgreens Drug Store- 3980 Dixie Hwy.**

Notes: Free Screenings and health information on Cholesterol, blood sugar, blood pressure, eye, dental, and depression. Screenings may vary by location. Sponsored by Louisville Metro Health Dept., Anthem Blue Cross, Humana Inc., Jewish Hospital and St. Mary's Healthcare; Kentucky African Americans Against Cancer; Louisville Urban League; Walgreens.

**09/18/06**

---

**Mammograms**



Time: 8:30am-3:30pm

Location: Family Health Center Portland, 2215 Portland Ave.

Notes: Louisville Metro Health Department., Partnership for Cancer Control; Call (502) 774-8631 for appointment: Sliding fee scale. No one turned away because of inability to pay.

### **Family Planning Class**

Time: 3:00pm

Location: Fairdale Health Center, 1000 Neighborhood Pl.

Notes: Women's Health: Free; Call 574-5293 for more information

### **Tai Chi**

Time: 5:30-7:00pm

Location: Louisville Metro Health Dept., 400 E. Gray St. *Forum*

Notes: Louisville's Healthy Hometown Movement; Instructor: Baba Serikali. Free.

### **Stop Smoking Class**

**Time: 7:00-8:00pm**

**Location: South Louisville Christian Church, 3845 Southern Pkwy.**

**Notes: Jefferson County Smoke Free Coalition & KY Cancer Program. Call 574-STOP for more information & registration. Meets weekly for 13 sessions.**

**09/19/06**

---

### **Mammograms**

Time: 8:00am-3:30pm

Location: Family Health Center Portland, 2215 Portland Ave.

Notes: Louisville Metro Health Department., Partnership for Cancer Control; Call (502) 774-8631 for appointment: Sliding fee scale. No one turned away because of inability to pay.

### **Take a Loved One for a Check Up Day**

**Time: 10:00am-2:00pm**

**Location: Caritas Medical Mall- Dixie Manor Shopping Center – 6801 Dixie Hwy.; Kroger – 2710 W. Broadway; Newburg Community Center – 4810 Exeter Ave.**

**Notes: Free Screenings and health information on Cholesterol, blood sugar, blood pressure, eye, dental, and depression. Screenings may vary by location. Sponsored by Louisville Metro Health Dept., Anthem Blue Cross, Humana Inc., Jewish Hospital and St. Mary's Healthcare; Kentucky African Americans Against Cancer; Louisville Urban League; Walgreens.**

### **Family Planning Class**

Time: 1:00-3:30pm

Location: Highview Health Center, 7201 Outer Loop

Notes: Women's Health: Free; Call 574-5293 for more information

**Breastfeeding Class**

Time: 11:00am-12:30pm

Location: L & N WIC Office, 908 W. Broadway

Notes: Women's Health: Free; Call Tywana Cranford, 774-1260 to reserve a space.

**Family Planning Class**

Time: 4:00pm

Location: Newburg Health Center, 4810 Exeter Ave.

Notes: Women's Health: Free; Call 574-5293 for more information

**Breastfeeding Class**

Time: 4:30-6:00pm

Location: Newburg Health Center, 4810 Exeter Ave.

Notes: Women's Health: Free; Call Shannon Perez, 774-4401 to reserve a space.

**Low Impact Aerobics**

Time: 5:00-6:00pm

Location: Louisville Metro Health Dept., 400 E. Gray St. *Forum*

Notes: Chronic Disease Prevention Program: Fee (25 cents per session).

**HIV Presentation**

Time: 7:00pm

Location: Renaissance House, 1436 S. Shelby St.

Notes: HIV Prevention Services

**09/20/06**

---

**Mammograms**

Time: 8:00am-3:30pm

Location: Family Health Center Portland, 2215 Portland Ave.

Notes: Louisville Metro Health Department., Partnership for Cancer Control; Call (502) 774-8631 for appointment: Sliding fee scale. No one turned away because of inability to pay.

**Mammograms**

**Time: 8:30am-3:30pm**

**Location: Lyndon City Hall, 515 Wood Rd.**

**Notes: Louisville Metro Health Department., Partnership for Cancer Control, Council Screening District 7, 16, 17. Call (502) 574-1107 for appointment: Sliding fee scale. No one turned away because of inability to pay.**

**Diabetes Self Management**

Time: 1:00-3:30pm

Location: The Kling Center, 219 W. Ormsby Ave.

Notes: Chronic Disease Prevention Program: Diet and Exercise. Second in a series of 4 sessions. For more information call (502) 574-6663. Free.

**Breastfeeding Class**

Time: 1:00-2:30pm

Location: Dixie Health Center, 7219 Dixie Hwy.

Notes: Women's Health: Free; Call Donnalynn Davis, 774-1301 to reserve a space.

**Talkshop – Parenting Class**

Time: 1:30-3:30pm

Location: Bridges of Hope, 1411 Algonquin Pkwy.

Notes: Louisville Metro Health Dept., Partnership for Protecting Children: Topic – HIV/STD. Free; for more information call 634-6088.

**Family Planning Class**

Time: 3:00pm

Location: Family Health Center Iroquois, 4100 Taylor Blvd.

Notes: Women's Health: Free; Call 574-5293 for more information

**Breastfeeding Class**

Time: 5:30-7:00pm

Location: Middletown Health Center, 200 Juneau Dr.

Notes: Women's Health: Free; Call Beth Foster, 774-1247 to reserve a space.

**Tai Chi**

Time: 5:30-7:00pm

Location: Louisville Metro Health Dept., 400 E. Gray St. *Forum*

Notes: Louisville's Healthy Hometown Movement; Instructor: Baba Serikali. Free.

**High Impact Aerobics**

Time: 6:00-7:00pm

Location: Louisville Community Center, 1300 W. Muhammad Ali Blvd.

Notes: Louisville's Healthy Hometown Movement. Free. Registration not needed.

**09/21/06**

---

**Mammograms**

Time: 8:00am-3:30pm

Location: Iroquois Family Health Center, 4100 Taylor Blvd.

Notes: Louisville Metro Health Department., Partnership for Cancer Control; Call (502) 636-4747 for appointment: Sliding fee scale. No one turned away because of inability to pay.

**Mammograms**

Time: 8:00am-3:30pm

Location: Family Health Center Portland, 2215 Portland Ave.

Notes: Louisville Metro Health Department., Partnership for Cancer Control; Call (502) 774-8631 for appointment: Sliding fee scale. No one turned away because of inability to pay.

**Breastfeeding Class**

Time: 1:00-2:30pm

Location: Neighborhood Place Barret, 810 Barret Ave.

Notes: Women's Health: Free; Call Donnalynn Davis, 774-1301 to reserve a space.

**Talkshop – Parenting Class**

Time: 1:30-3:30pm

Location: Northwest Neighborhood Pl., 4018 W. Market St.

Notes: Louisville Metro Health Dept., Partnership for Protecting Children: Topic – HIV/STD. Free; for more information call 634-6088.

**Family Planning Class**

Time: 3:00pm

Location: Bridges of Hope, 1411 Algonquin Pkwy.

Notes: Women's Health: Free; Call 574-5293 for more information

**Low Impact Aerobics**

Time: 5:00-6:00pm

Location: Louisville Metro Health Dept., 400 E. Gray St. *Forum*

Notes: Chronic Disease Prevention Program: Fee (25 cents per session).

**High Impact Aerobics**

Time: 6:00-7:00pm

Location: Louisville Community Center, 1300 W. Muhammad Ali Blvd.

Notes: Louisville's Healthy Hometown Movement. Free. Registration not needed.

**09/22/06**

---

**Mammograms**

Time: 8:00am-3:30pm

Location: Family Health Center Dixie, 7219 Dixie Hwy.

Notes: Louisville Metro Health Department., Partnership for Cancer Control; Call (502) 995-5051 for appointment: Sliding fee scale. No one turned away because of inability to pay.

**Breastfeeding Class**

Time: 10:30am-Noon

Location: Fairdale Health Center, 1000 Neighborhood Pl.

Notes: Women's Health: Free; Call Beth Foster (502) 744-1244 to reserve a space.

**09/25/06**

---

**Mammograms**

Time: 8:00am-3:00pm

Location: Family Health Center Portland, 2215 Portland Ave.

Notes: Louisville Metro Health Department., Partnership for Cancer Control; Call (502) 774-8631 for appointment: Sliding fee scale. No one turned away because of inability to pay.

**Immunization Clinic**

Time: 12:30-6:00pm

Location: Highview Health Clinic, 7201 Outer Loop

Notes: Immunization Program; Call 231-1459 for appointment. Please bring up to date immunization records \$10.00 for each immunization: Sliding fee scale. No one turned away because of inability to pay.

**Family Planning Class**

Time: 3:00pm

Location: Middletown Health Clinic, 200 Juneau Dr.

Notes: Women's Health: Free; Call 574-5293 for more information

**Tai Chi**

Time: 5:30-7:00pm

Location: Louisville Metro Health Dept., 400 E. Gray St. *Forum*

Notes: Louisville's Healthy Hometown Movement; Instructor: Baba Serikali. Free.

**09/26/06**

---

**Mammograms**

Time: 8:30-3:30pm

Location: Sun Valley Community Center, 6505 Bethany Lane

Notes: Louisville Metro Health Dept., Partnership for Cancer Control; Call 852-6318 for an appointment: Sliding fee scale. No one turned away because of inability to pay.

**Breastfeeding Class**

Time: 10:00-11:30am

Location: South Central Neighborhood Pl., 4255 Hazelwood Ave.

Notes: Women's Health: Free; Call Shannon Perez, 774-1242 to reserve a space.

**Family Planning Class**

Time: 1:00pm

Location: Dixie Health Center, 7219 Dixie Hwy.

Notes: Women's Health: Free; Call 574-5293 for more information

**Low Impact Aerobics**

Time: 5:00-6:00pm

Location: Louisville Metro Health Dept., 400 E. Gray St. *Forum*

Notes: Chronic Disease Prevention Program: Fee (25 cents per session).

**Breastfeeding Class**

Time: 5:00-6:30pm

Location: Victory Deliverance Temple of Faith, 2330 Algonquin Pkwy.

Notes: Women's Health: Free; Call Tywana Cranford, 774-1260 to reserve a space.

**09/27/06**

---

**Mammograms**

Time: 8:30-3:30pm

Location: Sun Valley Community Center, 6505 Bethany Lane

Notes: Louisville Metro Health Dept., Partnership for Cancer Control; Call 852-6318 for an appointment: Sliding fee scale. No one turned away because of inability to pay.

**Diabetes Self Management**

Time: 1:00-3:30pm

Location: The Kling Center, 219 W. Ormsby Ave.

Notes: Chronic Disease Prevention Program: Diabetes Pills, Insulin, Preventing Complications (Part 1). Third in a series of 4 sessions. For more information call (502) 574-6663. Free.

**Family Planning Class**

Time: 1:00pm

Location: Newburg Health Center, 4810 Exeter Ave.

Notes: Women's Health: Free; Call 574-5293 for more information

**Talkshop – Parenting Class**

Time: 1:30-3:30pm

Location: Bridges of Hope, 1411 Algonquin Pkwy.

Notes: Louisville Metro Health Dept., Partnership for Protecting Children: Topic – Child Safety. Free; for more information call 634-6088.

**Tai Chi**

Time: 5:30-7:00pm

Location: Louisville Metro Health Dept., 400 E. Gray St. *Forum*

Notes: Louisville's Healthy Hometown Movement; Instructor: Baba Serikali. Free.

**High Impact Aerobics**

Time: 6:00-7:00pm

Location: Louisville Community Center, 1300 W. Muhammad Ali Blvd.

Notes: Louisville's Healthy Hometown Movement. Free. Registration not needed.

**09/28/06**

---

**Mammograms**

Time: 8:30-3:30pm

Location: Sun Valley Community Center, 6505 Bethany Lane

Notes: Louisville Metro Health Dept., Partnership for Cancer Control; Call 852-6318 for an appointment: Sliding fee scale. No one turned away because of inability to pay.

**Immunization Clinic**

Time: 12:30-6:00pm

Location: Middletown Health Center, 200 Juneau Dr.

Notes: Immunization Program; Call 231-1459 for appointment. Please bring up to date immunization records \$10.00 for each immunization: Sliding fee scale. No one turned away because of inability to pay.

**Talkshop – Parenting Class**

Time: 1:30-3:30pm

Location: Northwest Neighborhood Pl., 4018 W. Market St.

Notes: Louisville Metro Health Dept., Partnership for Protecting Children: Topic – Child Safety. Free; for more information call 634-6088.

**Low Impact Aerobics**

Time: 5:00-6:00pm

Location: Louisville Metro Health Dept., 400 E. Gray St. *Forum*

Notes: Chronic Disease Prevention Program: Fee (25 cents per session).

**Breastfeeding Class**

Time: 5:00-7:00pm

Location: United Methodist Church, 3620 W. Broadway

Notes: Women's Health: Free; Call Tywana Cranford, 774-1260 to reserve a space.

**High Impact Aerobics**

Time: 6:00-7:00pm

Location: Louisville Community Center, 1300 W. Muhammad Ali Blvd.

Notes: Louisville's Healthy Hometown Movement. Free. Registration not needed.

**09/29/06**

---

**Mammograms**

Time: 8:30am-3:30pm

Location: St. Luke Catholic Church, 4211 Jim Hawkins Dr.

Notes: Louisville Metro Health Department., Partnership for Cancer Control, Council Screening District 24. Call (502) 574-1124 for appointment: Sliding fee scale. No one turned away because of inability to pay.

**09/30/06**

---

**Mammograms**

Time: 8:30am-3:30pm

Location: Highland Park Baptist Church, 3700 Shanks Lane

Notes: Louisville Metro Health Department., Partnership for Cancer Control. Call (502) 447-0055 for appointment: Sliding fee scale. No one turned away because of inability to pay.